



PROTOKOLL

DEUTSCHE POOL MEISTERSCHAFTEN 2009

Veranstalter: Deutscher Schwimmverband e.V.
Ausrichter: Mainzer SV 01
Zeitraum: 12.12.2009
Wettkampfstätte: Traglufthalle „Am Großen Sand“
55120 Mainz Obere Kreuzstraße

Wettkampfbahn Olympicpool
Beckenabmessungen: 50 m
Anzahl der Bahnen: 8
Leinen: Wellenkillerleinen
Wassertiefe: 1,70-1,90
Wassertemperatur: 27°C
Zeitmessung: Handzeitnahme



Wettkampfzeiten, Einschwimmen

Samstag, 12. Dezember 2009

Einlass: 08.00 Uhr, Beginn: 10.00 Uhr

Einschwimmen: 08.00 Uhr

Kampfrichtersitzung: 09.15 Uhr

Wettkampf 01: 5000m Freistilschwimmen Damen (Pflichtzeit: 01:25,00 Minuten)

Wettkampf 02: 5000m Freistilschwimmen Herren (Pflichtzeit: 01:20,00 Minuten)

Teilnehmende Vereine

(WK 1 - 2)

		Aktive	Einzelstarts	Staffeln
1.	SG Gundelfingen-Denzlingen LSV 01	2	2	0
2.	SG Stadtwerke München LSV 02	3	3	0
3.	SV Würzburg 05 LSV 02	1	1	0
4.	TSV Hohenbrunn-Riemerling LSV 02	1	1	0
5.	SC Wiesbaden 1911 LSV 07	1	1	0
6.	SG Frankfurt LSV 07	2	2	0
7.	SV Blau-Gelb Dieburg LSV 07	1	1	0
8.	SC Empor Rostock 2000 e.V. LSV 08	5	5	0
9.	SV Nienhagen LSV 09	2	2	0
10.	SG Dortmund LSV 17	4	4	0
11.	SG Essen LSV 17	1	1	0
12.	SG Ruhr LSV 17	3	3	0
13.	SSF Bonn LSV 17	3	3	0
14.	SV Rhenania Köln LSV 17	1	1	0
15.	SG Leipzig e.V. LSV 12	1	1	0
16.	SV Automation LSV 12	1	1	0
17.	Swim-Team Elmshorn LSV 14	4	4	0
18.	Mainzer Schwimmverein 1901 LSV 15	4	4	0
19.	SG EWR Rheinhessen-Mainz LSV 15	4	4	0
20.	SG Worms LSV 15	1	1	0
21.	1. SGV Mühlhausen LSV 16	2	2	0
22.	DLRG - Weimar e.V. LSV 16	1	1	0
23.	Erfurter SSC LSV 16	2	2	0

Kampfgericht

Schiedsrichter	Heinz Dieter Kok
Starter + Schwimmrichter	Wolfgang Heyne
Sprecher	Gerd Neuburger
Auswerter	Christian Waterkotte
Protokollführer	Grit Gimmer
ZR-Obmann + Zielrichter 1	Claudia Zoege
Zielrichter 2	Petra Kampik
Zielrichter 3	Rainer Stähler
Zielrichter 4	Renate Laubach
Zielrichter 5	Gabriele Sarius
ZN-Obmann + Reserve-Zeitnehmer	Claudia Wahle
Zeitnehmer Bahn 1a	Rainer Dölger
Zeitnehmer Bahn 2a	Martin Horn
Zeitnehmer Bahn 3a	Dagmar Kunger
Zeitnehmer Bahn 4a	Christina Traxel
Zeitnehmer Bahn 5a	Ulrike Hofmann
Zeitnehmer Bahn 6a	Martin Heinrich
Zeitnehmer Bahn 7a	Walter Keller
Zeitnehmer Bahn 8a	Jörg-Uwe Boog
Zeitnehmer Bahn 1b	Peik Stähler
Zeitnehmer Bahn 2b	Dorothee Stähler
Zeitnehmer Bahn 3b	Beatrix Lippke
Zeitnehmer Bahn 4b	Sabine Keilen
Zeitnehmer Bahn 5b	Wolfgang Zschaschler
Zeitnehmer Bahn 6b	Udo Steinmetz
Zeitnehmer Bahn 7b	Susann Daichendt
Zeitnehmer Bahn 8b	Markus Dengler-Harles
WR-Obmann + Wenderichter 1	Mirjam Barthelmann
Wenderichter 2	Beate Keilen
Wenderichter 3	Manfred Schartow
Wenderichter 4	Elisabete Eleuterio
Hospitant / Reserve-ZN 2	Florian Lippke
Hospitant / Reserve-ZN 3	Lucas Dengler-Harles

Die Kontrolle der Stoppuhren ergab keinerlei Beanstandungen.

Wettkampf 1

5000 m Freistil

(weiblich, alle Jahrgänge)

Offene Wertung

(Pflichtzeit: 85:00,00)

1.	<u>und somit "Deutsche Meisterin"</u> Krienke, Christina	(1986)	SG EWR Rheinhessen-Mainz	59:39,11	
2.	Marschall, Maike	(1993)	DLRG - Weimar e.V.	59:49,63	
3.	Koiky, Britta	(1992)	SG Ruhr	60:06,69	
4.	Mahn, Antje	(1989)	SV Würzburg 05	60:33,13	
5.	Sulzmann, Marina	(1995)	SG Stadtwerke München	60:39,76	
6.	Winkler, Lydia	(1991)	SC Empor Rostock 2000 e.V.	60:53,33	
7.	Weßler, Julie Ann	(1991)	SG Essen	60:58,47	
8.	Köhler, Sarah	(1994)	SG Frankfurt	61:09,10	
9.	Charlos, Natalie	(1993)	Swim-Team Elmshorn	61:09,37	
10.	Eisel, Beatrix	(1988)	SC Wiesbaden 1911	61:45,16	
11.	Wunram, Annika	(1993)	Swim-Team Elmshorn	61:50,50	
12.	Heider, Katrin	(1992)	SV Rhenania Köln	61:53,07	
13.	Scharf, Luisa	(1993)	Erfurter SSC	62:02,68	
14.	Jocham, Lisa	(1990)	SG Stadtwerke München	62:06,46	
15.	Hahn, Ines	(1991)	TSV Hohenbrunn-Riemerling	62:09,84	
16.	Freiwald, Hannah	(1993)	SG Dortmund	62:32,83	
17.	Ebert, Verena	(1994)	SSF Bonn	63:12,04	
18.	Traxel, Mascha	(1990)	Mainzer Schwimmverein 1901	63:29,12	
19.	Heilmann, Lea	(1994)	SC Empor Rostock 2000 e.V.	63:38,80	
20.	Debo, Vanessa	(1992)	SG EWR Rheinhessen-Mainz	64:26,82	
21.	Scheltz, Annika Märthe	(1995)	SC Empor Rostock 2000 e.V.	64:45,58	
22.	Kurpinski, Jana	(1995)	SG EWR Rheinhessen-Mainz	65:02,87	
23.	Roskosch, Stefanie	(1994)	SG Ruhr	65:55,53	
24.	von Broich, Tami Carolina	(1993)	SG Dortmund	66:28,84	
25.	Seidel, Christina	(1994)	SG Dortmund	66:44,61	
26.	Gimmer, Vanessa	(1996)	Mainzer Schwimmverein 1901	67:26,88	
27.	Schartow, Lena	(1994)	Swim-Team Elmshorn	68:38,20	
28.	Frenz, Claudia	(1990)	SV Blau-Gelb Dieburg	71:44,73	
29.	Daichendt, Kim	(1995)	Mainzer Schwimmverein 1901	71:53,16	
30.	Beiser, Kathleen	(1995)	SV Nienhagen	73:59,35	
31.	Strecker, Hanna	(1991)	SG Gundelfingen-Denzlingen	78:08,43	
	Gruhn, Denise	(1990)	SSF Bonn	abgemeldet	ENM

Wettkampf 2

5000 m Freistil

(männlich, alle Jahrgänge)

Offene Wertung

(Pflichtzeit: 80:00,00)

1. <u>und somit "Deutscher Meister"</u>				
Kirsten, Vincent	(1987)	SC Empor Rostock 2000 e.V.	54:40,52	
2. Schwarz, Manuel	(1988)	SG Frankfurt	55:04,23	
3. Kleindl, Joseph	(1989)	SSF Bonn	55:42,79	
4. Gebhardt, Felix	(1993)	Erfurter SSC	56:50,89	
5. Rijkens, Hendrik	(1993)	Swim-Team Elmshorn	58:18,98	
6. Weiß, Daniel	(1994)	SV Automation	59:53,87	
7. Nowak, Matthias	(1992)	SG Dortmund	60:05,56	
8. Straubinger, Florian	(1993)	SG Stadtwerke München	60:14,33	
9. Hartig, Adrian	(1994)	SG Leipzig e.V.	60:31,00	
10. Kampik, Christoph	(1989)	SG Worms	62:02,57	
11. Dammann, Jannis	(1993)	SC Empor Rostock 2000 e.V.	63:57,53	
12. Reetz, Philipp	(1993)	1. SGV Mühlhausen	66:47,05	
13. Luhn, Dennis	(1992)	1. SGV Mühlhausen	67:58,60	
14. Gailis, Arik	(1994)	Mainzer Schwimmverein 1901	68:39,99	
15. Vogel, Niels	(1996)	SG Ruhr	70:17,44	
Schröder, Nico	(1995)	SV Nienhagen	aufgegeben	
Adami, Florian	(1987)	SG Gundelfingen-Denzlingen	abgemeldet	ENM
Culina, Josip	(1991)	SG EWR Rheinhessen-Mainz	abgemeldet	ENM

Ende der Veranstaltung: 13:45 Uhr
 Ende des Protokolls: 14:00 Uhr

(Schiedsrichter)

(Protokollführer)

Wettkampf 1 - 5000 m Freistil - weiblich

Krienke, Christina

1:07,48 2:18,35 3:28,24
16:31,75 **17:43,54** 18:55,13
32:02,51 33:14,15 34:25,62
47:38,06 48:50,12 50:02,40

1986

4:38,64 5:49,61 6:00,00
20:06,44 21:18,19 22:29,37
35:37,56 36:49,54 38:01,39
51:14,59 52:27,25 53:39,60

SG EWR Rheinhessen-Mainz

7:00,50 8:11,83 **9:22,65**
22:29,37 23:41,14 24:52,90
38:01,39 39:13,54 40:25,97
53:39,60 54:51,58 56:03,81

59:39,11

10:33,80 11:45,08 12:56,37
26:04,71 27:16,10 28:27,41
41:38,13 42:49,97 44:02,26
57:15,87 58:27,56 59:39,11
14:08,36 15:20,05 16:31,75
29:39,09 30:50,90 32:02,51
45:14,23 46:26,26 47:38,06

Marschall, Maïke

1:07,53 2:16,86 3:27,24
16:28,32 **17:39,78** 18:50,74
31:59,21 33:11,17 34:23,07
47:43,37 48:56,14 50:08,60

1993

4:37,86 5:48,43 6:59,07
20:02,35 21:13,85 22:25,26
35:35,15 36:47,05 38:00,14
51:21,51 52:34,48 53:47,75

DLRG - Weimar e.V.

6:59,07 8:09,95 **9:21,41**
22:25,26 23:37,30 24:49,07
38:00,14 39:12,64 40:25,48
53:47,75 55:00,55 56:13,06

59:49,63

10:32,41 11:43,51 12:54,96
26:00,46 27:12,28 28:23,99
41:38,26 42:51,28 44:04,02
57:25,89 58:37,99 59:49,63
14:06,17 15:17,26 16:28,32
29:35,58 30:47,06 31:59,21
45:17,00 46:30,11 47:43,37

Koiky, Britta

1:05,85 2:16,64 3:27,47
16:32,18 **17:43,63** 18:55,34
32:04,10 33:16,04 34:28,43
47:49,90 49:03,88 50:17,88

1992

4:38,58 5:49,69 7:00,44
20:06,84 21:18,51 22:30,07
35:40,75 36:53,13 38:06,05
51:31,86 52:45,80 53:59,77

SG Ruhr

7:00,44 8:11,68 **9:22,88**
22:30,07 23:41,63 24:53,24
38:06,05 39:18,54 40:30,86
53:59,77 55:13,53 56:27,75

60:06,69

10:34,25 11:45,75 12:57,01
26:05,40 27:16,51 28:27,97
41:43,36 42:56,03 44:09,03
57:41,77 58:56,35 60:06,69
14:08,78 15:20,65 16:32,18
29:33,66 30:52,03 32:04,10
45:22,24 46:35,93 47:49,90

Mahn, Antje

1:07,38 2:17,55 3:27,72
16:32,80 **17:44,56** 18:55,87
32:12,06 33:25,17 34:38,80
48:12,80 49:26,24 50:40,63

1989

4:38,86 5:49,79 7:00,71
20:07,85 21:19,53 22:31,68
35:52,24 37:06,24 38:20,12
51:55,42 53:10,47 54:24,56

SV Würzburg 05

7:00,71 8:12,06 **9:23,32**
22:31,68 23:43,75 24:56,02
38:20,12 39:34,16 40:48,37
54:24,56 55:38,82 56:53,53

60:33,13

10:34,84 11:46,39 12:57,83
26:08,71 27:21,40 28:34,18
42:02,62 43:17,17 44:30,96
58:07,23 59:20,65 60:33,13
14:09,30 15:21,03 16:32,80
29:46,71 30:59,23 32:12,06
45:44,84 46:58,96 48:12,80

Sulzmann, Marina

1:06,70 2:17,32 3:27,89
16:37,36 **17:50,16** 19:03,10
32:34,07 33:47,76 35:00,89
48:23,54 49:37,20 50:50,42

1995

4:38,76 5:50,10 7:00,89
20:15,64 21:28,51 22:41,92
36:13,54 37:27,10 38:41,07
52:03,89 53:17,89 54:31,32

SG Stadtwerke München

7:00,89 8:12,64 **9:24,02**
22:41,92 23:55,23 25:09,10
38:41,07 39:55,23 41:08,00
54:31,32 55:44,70 56:58,02

60:39,76

10:36,29 11:48,00 13:00,00
26:23,26 27:37,51 28:52,36
42:19,73 43:32,10 44:45,02
58:12,80 59:26,92 60:39,76
14:12,39 15:25,02 16:37,36
30:06,95 31:20,42 32:34,07
45:57,86 47:10,95 48:23,54

Winkler, Lydia

1:08,64 2:20,46 3:32,37
16:42,58 **17:55,51** 19:07,36
32:32,72 33:45,88 34:58,87
48:35,35 49:49,86 51:04,40

1991

4:43,39 5:54,81 7:06,06
20:19,95 21:33,07 22:46,31
36:11,98 37:25,60 38:40,19
52:18,28 53:32,15 54:45,98

SC Empor Rostock 2000 e.V.

7:06,06 8:17,32 **9:29,09**
22:46,31 23:59,00 25:11,50
38:40,19 39:53,90 41:06,46
54:45,98 55:59,73 57:13,94

60:53,33

10:40,59 11:52,56 13:08,55
26:24,39 27:37,37 28:51,06
42:19,54 43:35,27 44:50,07
58:27,73 59:41,82 60:53,33
14:17,72 15:30,58 16:42,58
30:04,42 31:18,51 32:32,72
46:05,00 47:20,46 48:35,35

Weßler, Julie Ann

1:06,16 2:16,12 3:26,66
16:30,22 **17:42,00** 18:54,63
32:24,22 33:38,63 34:53,38
48:34,60 49:49,28 51:04,38

1991

4:37,25 5:47,97 7:00,00
20:07,38 21:20,03 22:32,82
36:08,60 37:23,19 38:37,91
52:19,25 53:33,66 54:48,66

SG Essen

6:58,85 8:09,91 **9:20,79**
22:32,82 23:46,19 25:00,00
38:37,91 39:52,44 41:07,56
54:48,66 56:03,19 57:17,69

60:58,47

10:31,76 11:42,47 12:54,44
26:13,88 27:28,12 28:42,28
42:21,94 43:36,38 44:50,82
58:31,76 59:46,50 60:58,47
14:06,32 15:18,16 16:30,22
29:56,16 31:09,97 32:24,22
46:05,32 47:19,88 48:34,60

Köhler, Sarah

1:06,48 2:16,80 3:27,16
16:31,82 **17:43,76** 18:54,42
32:16,57 33:31,42 34:47,16
48:38,45 49:54,76 51:10,54

1994

4:38,16 5:49,29 7:00,07
20:06,57 21:18,10 22:29,57
36:07,70 37:20,16 38:36,39
52:25,23 53:39,60 54:54,26

SG Frankfurt

7:00,07 8:11,48 **9:22,60**
22:29,57 23:41,29 24:53,07
38:36,39 39:52,82 41:07,29
54:54,26 56:09,70 57:25,42

61:09,10

10:34,16 11:45,51 12:56,57
26:05,32 27:18,80 28:33,13
42:20,95 43:35,00 44:50,73
58:41,00 59:55,60 61:09,10
14:08,36 15:20,10 16:31,82
29:47,07 31:01,39 32:16,57
46:07,03 47:22,16 48:38,45

Wettkampf 1 - 5000 m Freistil - weiblich

Charlos, Natalie

1:07,56 2:19,06
16:56,79 **18:10,37**
32:56,28 34:10,28
48:56,95 50:10,94

3:31,01 4:43,41
19:24,41 20:38,45
35:24,53 36:38,24
51:24,39 52:38,06

1993

4:43,41 5:55,74
21:51,76 23:05,29
37:52,91 39:07,28
53:51,97 55:04,74

Swim-Team Elmshorn

7:08,58 8:21,57
24:19,26 25:33,13
40:21,41 41:35,34
56:19,30 57:32,84

9:34,79
25:33,13 26:46,72
41:35,34 42:49,54
57:32,84 58:46,26

10:48,36 12:01,50
28:00,57 29:14,00
44:02,38 45:15,54
60:02,18 61:15,21

12:01,50 13:15,21
29:14,00 30:28,14
45:15,54 46:29,36
61:15,21 62:29,13

61:09,37

13:15,21 14:29,13
30:28,14 31:42,13
46:29,36 47:42,94

14:29,13 15:43,08
31:42,13 32:56,98
47:42,94 48:57,83

Eisel, Beatrix

1:04,87 2:14,64
16:45,16 **17:58,97**
32:49,29 34:04,42
49:06,98 50:22,93

3:25,24 4:36,19
19:13,01 20:27,01
35:18,80 36:34,06
51:38,94 52:54,95

1988

4:36,19 5:47,81
21:40,64 22:59,74
37:48,83 39:04,00
54:10,64 55:26,90

SC Wiesbaden 1911

6:59,79 8:11,70
24:08,61 25:22,33
40:19,47 41:34,13
56:42,74 57:58,99

9:24,54
25:22,33 26:36,53
41:34,13 42:49,20
57:58,99 59:14,65

10:37,61 11:50,15
27:50,50 29:04,57
44:04,26 45:19,71
60:30,22 61:45,16

11:50,15 13:04,05
29:04,57 30:19,22
45:19,71 46:35,01
61:45,16 62:59,97

61:45,16

13:04,05 14:17,74
30:19,22 31:34,00
46:35,01 47:50,53

14:17,74 15:31,30
31:34,00 32:48,83
47:50,53 49:04,67

Wunram, Annika

1:09,05 2:22,38
17:01,24 **18:15,48**
33:11,37 34:25,70
49:22,38 50:37,07

3:35,77 4:49,27
19:29,88 20:44,86
35:40,25 36:54,87
51:51,89 53:07,10

1993

4:49,27 6:03,11
21:59,46 23:13,88
38:09,40 39:24,48
54:21,97 55:37,24

Swim-Team Elmshorn

7:16,65 8:29,90
24:29,04 25:44,13
40:39,55 41:54,14
56:52,43 58:07,34

9:42,55
25:44,13 26:59,04
41:54,14 43:08,79
58:07,34 59:22,54

10:55,44 12:08,05
28:13,36 29:27,97
44:23,43 45:38,09
60:38,04 61:52,54

12:08,05 13:21,13
29:27,97 30:42,55
45:38,09 46:52,94
61:52,54 63:07,38

61:50,50

13:21,13 14:34,15
30:42,55 31:56,98
46:52,94 48:07,70

14:34,15 15:47,83
31:56,98 33:11,37
48:07,70 49:22,38

Heider, Katrin

1:10,53 2:24,26
17:11,27 **18:25,28**
33:20,98 34:34,42
49:28,36 50:42,21

3:38,20 4:51,84
19:39,66 20:54,09
35:48,09 37:01,66
51:56,44 53:10,68

1992

4:51,84 6:05,99
22:09,10 23:23,47
38:15,58 39:30,58
54:25,70 55:40,74

SV Rhenania Köln

7:20,25 8:33,99
24:37,86 25:52,33
40:45,79 42:01,10
56:54,93 58:10,16

9:47,76
25:52,33 27:06,90
42:01,10 43:16,30
58:10,16 59:25,16

11:01,03 12:14,10
28:21,83 29:36,67
44:31,88 45:46,71
60:39,91 61:54,71

12:14,10 13:28,25
29:36,67 30:51,88
45:46,71 47:00,51
61:54,71 63:08,86

61:53,07

13:28,25 14:42,56
30:51,88 32:06,86
47:00,51 48:15,94

14:42,56 15:57,13
32:06,86 33:21,37
48:15,94 49:30,48

Scharf, Luisa

1:08,83 2:21,42
17:03,74 **18:17,76**
33:12,70 34:27,25
49:24,74 50:38,64

3:34,16 4:47,56
19:32,46 20:45,64
35:42,90 36:57,77
51:52,47 53:06,64

1993

4:47,56 6:01,42
21:59,53 23:13,45
38:11,74 39:25,58
54:23,26 55:40,37

Erfurter SSC

7:14,45 8:26,86
24:29,13 25:43,84
40:39,04 41:52,92
56:57,51 58:14,21

9:40,08
25:43,84 26:58,86
41:52,92 43:08,15
58:14,21 59:31,03

10:53,51 12:07,85
28:13,20 29:28,33
44:23,74 45:39,74
60:46,66 62:02,68

12:07,85 13:21,42
29:28,33 30:43,26
45:39,74 46:55,01
62:02,68 63:18,13

62:02,68

13:21,42 14:35,37
30:43,26 31:58,37
46:55,01 48:10,48

14:35,37 15:49,36
31:58,37 33:13,37
48:10,48 49:28,36

Jocham, Lisa

1:10,86 2:25,12
17:12,62 **18:27,36**
33:26,53 34:42,55
49:42,41 50:57,09

3:39,36 4:53,10
19:41,84 20:56,84
35:57,93 37:13,75
52:11,17 53:26,57

1990

4:53,10 6:07,17
22:11,70 23:26,76
38:28,67 39:43,81
54:41,62 55:57,13

SG Stadtwerke München

7:20,53 8:34,53
24:41,96 25:56,80
40:58,14 42:11,81
57:12,22 58:26,86

9:48,48
25:56,80 27:11,46
42:11,81 43:26,31
58:26,86 59:41,19

11:02,46 12:18,11
28:26,10 29:40,64
44:41,07 45:56,04
60:55,19 62:10,48

12:18,11 13:30,98
29:40,64 30:55,79
45:56,04 47:11,68
62:10,48 63:26,13

62:06,46

13:30,98 14:45,20
30:55,79 32:10,80
47:11,68 48:27,19

14:45,20 15:58,62
32:10,80 33:25,39
48:27,19 49:42,38

Hahn, Ines

1:11,17 2:25,55
17:13,79 **18:29,56**
33:23,79 34:38,68
49:40,45 50:55,79

3:39,79 4:53,46
19:43,48 20:58,70
35:52,81 37:07,65
52:11,56 53:26,83

1991

4:53,46 6:06,83
22:13,04 23:27,21
38:23,09 39:38,43
54:42,31 55:57,81

TSV Hohenbrunn-Riemerling

7:20,96 8:35,04
24:41,63 25:56,10
40:53,03 42:08,16
57:11,65 58:25,65

9:48,88
25:56,10 27:11,07
42:08,16 43:23,38
58:25,65 59:40,62

11:02,62 12:16,45
28:25,40 29:40,12
44:38,80 45:54,03
60:55,84 62:10,68

12:16,45 13:31,17
29:40,12 30:55,38
45:54,03 47:09,59
62:10,68 63:26,13

62:09,84

13:31,17 14:45,54
30:55,38 32:10,68
47:09,59 48:25,31

14:45,54 15:59,59
32:10,68 33:25,39
48:25,31 49:40,48

Freiwald, Hannah

1:06,57 2:17,62
16:47,76 **18:00,24**
32:49,86 34:05,38
49:13,35 50:31,84

3:29,03 4:40,90
19:13,13 20:26,27
35:21,18 36:36,35
51:50,76 53:10,85

1993

4:40,90 5:50,82
21:39,34 22:52,77
37:50,98 39:06,23
54:30,44 55:50,29

SG Dortmund

7:06,25 8:18,88
24:06,58 25:20,21
40:21,91 41:37,53
57:09,23 58:28,78

9:30,69
25:20,21 26:34,18
41:37,53 42:53,56
58:28,78 59:49,76

10:43,13 11:55,14
27:47,77 29:03,34
44:09,77 45:24,88
61:11,15 62:26,68

11:55,14 13:07,80
29:03,34 30:18,36
45:24,88 46:39,93
62:26,68 63:42,13

62:32,83

13:07,80 14:21,23
30:18,36 31:34,11
46:39,93 47:56,07

14:21,23 15:34,28
31:34,11 32:48,83
47:56,07 49:11,37

Wettkampf 1 - 5000 m Freistil - weiblich

Ebert, Verena

1:10,48 2:24,13
17:11,16 **18:25,29**
33:20,48 34:34,02
49:41,51 51:00,86

3:38,13 19:39,60
35:47,39 37:00,92
52:20,92 53:40,86

1994

4:51,76 6:06,00
20:54,02 22:08,92
38:15,42 39:30,48
55:02,16 56:23,00

SSF Bonn

7:20,00 8:33,51 **9:47,16**
23:23,42 24:37,64 25:52,36
39:30,48 40:45,60 42:01,36
56:23,00 57:44,80 59:06,29

63:12,04

11:00,61 12:13,86 13:27,92
27:06,80 28:21,92 29:36,73
43:16,26 44:32,42 45:48,73
60:28,51 61:51,51 63:12,04

Traxel, Mascha

1:09,26 2:22,37
17:22,87 **18:38,93**
33:59,28 35:16,39
50:40,89 51:57,96

3:35,73 19:55,21
36:33,46 37:50,62
53:14,87 54:32,43

1990

4:49,28 6:03,23
21:11,48 22:28,22
39:07,23 40:24,13
55:49,38 57:06,91

Mainzer Schwimmverein 1901

7:17,53 8:31,78 **9:46,74**
23:45,26 25:02,25 26:19,06
40:24,13 41:40,99 42:57,78
57:06,91 58:23,94 59:40,97

63:29,12

11:02,09 12:17,90 13:34,27
27:35,80 28:52,15 30:09,28
44:14,81 45:31,42 46:49,00
60:57,46 62:14,16 63:29,12

Heilmann, Lea

1:09,21 2:22,70
17:36,96 **18:54,07**
34:20,84 35:38,00
51:03,93 52:19,05

3:37,24 20:11,52
36:55,32 38:11,68
53:35,56 54:51,54

1994

4:52,52 6:08,04
21:27,68 22:44,93
39:27,75 40:45,37
56:07,72 57:24,63

SC Empor Rostock 2000 e.V.

7:23,91 8:39,48 **9:55,89**
24:01,94 25:19,16 26:35,64
40:45,37 42:02,86 43:19,43
57:24,63 58:40,69 59:56,59

63:38,80

11:11,80 12:28,34 13:45,01
27:53,50 29:11,28 30:29,19
44:36,51 45:53,62 47:11,36
61:11,56 62:26,90 63:38,80

Debo, Vanessa

1:09,10 2:22,73
17:35,23 **18:52,67**
34:29,26 35:48,45
51:29,39 52:47,86

3:36,95 20:10,92
37:07,13 38:25,51
54:06,64 55:25,16

1992

4:51,42 6:06,73
21:27,95 22:46,00
39:44,00 40:63,76
56:43,76 58:01,42

SG EWR Rheinhessen-Mainz

7:22,29 8:38,13 **9:54,29**
24:03,73 25:21,42 26:39,10
41:02,02 42:20,02 43:38,04
58:01,42 59:19,00 60:36,32

64:26,82

11:11,07 12:27,80 13:44,36
27:57,07 29:14,64 30:32,92
44:56,92 46:15,36 47:33,48
61:53,67 63:11,00 64:26,82

Scheltz, Annika Märthe

1:10,73 2:26,11
17:33,67 **18:49,95**
34:19,67 35:37,73
51:30,80 52:50,26

3:40,70 20:06,20
36:56,57 38:15,48
54:09,98 55:29,67

1995

4:55,98 6:12,22
21:23,30 22:40,11
39:34,32 40:53,57
56:49,07 58:08,93

SC Empor Rostock 2000 e.V.

7:26,63 8:41,86 **9:56,93**
23:57,73 25:15,18 26:30,67
40:53,57 42:12,93 43:32,36
58:08,93 59:29,07 60:48,80

64:45,58

11:12,32 12:27,96 13:43,70
27:49,06 29:06,57 30:24,38
44:52,13 46:11,96 47:31,60
62:08,82 63:28,57 64:45,58

Kurpinski, Jana

1:09,55 2:23,17
17:41,90 **18:59,73**
34:46,39 36:05,36
52:02,62 53:22,10

3:37,59 20:17,48
37:24,25 38:43,09
54:41,19 56:00,74

1995

4:52,68 6:08,16
21:35,03 22:53,61
40:01,88 41:21,23
57:19,84 58:37,01

SG EWR Rheinhessen-Mainz

7:24,02 8:40,41 **9:57,69**
24:12,24 25:31,69 26:51,48
41:21,23 42:42,06 44:03,38
58:37,01 59:55,46 61:12,62

65:02,87

11:14,89 12:32,35 13:49,76
28:11,38 29:31,48 30:51,21
45:22,43 46:42,66 48:03,07
62:29,86 63:47,23 65:02,87

Roskosch, Stefanie

1:11,83 2:28,86
18:15,43 **19:33,56**
35:31,74 36:52,32
52:47,85 54:06,61

3:47,62 20:53,20
38:12,88 39:44,32
55:25,29 56:44,54

1994

5:05,83 6:24,17
22:10,69 23:29,03
40:54,07 42:14,50
58:03,31 59:22,94

SG Ruhr

7:43,06 9:02,15 **10:21,87**
24:48,96 26:08,05 27:28,30
42:14,50 43:35,12 44:55,64
59:22,94 60:42,67 62:02,67

65:55,53

11:41,68 13:00,40 14:19,78
28:49,02 30:09,43 31:30,21
46:15,29 47:33,78 48:52,55
63:21,89 64:40,19 65:55,53

von Broich, Tami Carolina

1:10,70 2:28,63
18:18,44 **19:38,43**
35:44,61 37:05,48
53:12,29 54:32,13

3:47,39 20:58,46
38:25,90 39:46,77
55:52,79 57:12,76

1993

5:06,03 6:24,53
22:18,68 23:38,79
41:07,75 42:28,68
58:33,25 59:53,15

SG Dortmund

7:43,48 9:02,30 **10:21,87**
24:59,18 26:19,28 27:40,45
42:28,68 43:49,50 45:09,85
59:53,15 61:12,43 62:32,39

66:28,84

11:49,51 13:00,19 14:20,41
29:01,10 30:21,38 31:42,31
46:29,73 47:50,34 49:10,84
63:52,47 65:11,69 66:28,84

Wettkampf 1 - 5000 m Freistil - weiblich

Seidel, Christina

1994

1:12,85 2:31,16 3:50,37 5:09,44 6:28,45
 18:23,50 **19:43,44** 21:02,94 22:22,91 23:43,04
 35:43,63 37:03,76 38:23,83 39:44,40 41:05,41
 53:14,44 54:35,27 55:56,39 57:17,28 58:38,27

SG Dortmund

7:46,87 9:05,83 **10:25,39** 11:45,16 13:03,87
 25:02,63 26:22,89 27:43,28 29:05,21 30:23,03
 42:26,13 43:47,55 45:08,53 46:29,47 47:50,63
 59:59,54 61:20,79 62:41,73 64:03,10 65:24,89

66:44,61

14:24,47 15:44,28 17:03,47
 31:43,98 33:03,98 34:23,63
 49:11,51 50:32,60 51:53,58

Gimmer, Vanessa

1996

1:13,76 2:32,66 3:51,47 5:12,32 6:33,63
 18:39,28 **20:00,60** 21:21,41 22:41,10 24:02,00
 36:14,76 37:36,76 38:58,41 40:20,53 41:42,97
 53:52,94 55:13,66 56:34,19 57:56,76 59:20,63

Mainzer Schwimmverein 1901

7:53,38 9:13,76 **10:35,91** 11:57,06 13:16,97
 25:23,47 26:45,72 28:06,35 29:26,94 30:48,12
 43:05,12 44:26,19 45:47,41 47:08,53 48:29,76
 60:41,56 62:04,10 63:25,16 64:46,85 66:09,12

67:26,88

14:37,22 15:57,16 17:18,00
 32:09,44 33:31,22 34:52,50
 49:50,69 51:11,50 52:33,28

Schartow, Lena

1994

1:14,07 2:33,13 3:52,27 5:11,39 6:31,04
 18:31,98 **19:53,68** 21:15,44 22:38,63 24:01,18
 36:21,09 37:45,45 39:07,74 40:30,70 41:55,12
 54:31,54 55:57,28 57:22,28 58:47,66 60:13,07

Swim-Team Elmshorn

7:49,95 9:09,21 **10:28,47** 11:49,13 13:09,44
 25:21,28 26:43,26 28:06,12 29:29,18 30:51,58
 43:19,37 44:40,76 46:03,98 47:27,98 48:52,24
 61:37,45 63:03,94 64:30,02 65:54,94 67:19,86

68:38,20

14:30,44 15:50,80 17:19,57
 32:14,12 33:35,36 34:58,24
 50:17,81 51:41,44 53:06,58

Frenz, Claudia

1990

1:17,22 2:39,43 4:01,52 5:26,83 6:46,48
 19:20,99 **20:46,65** 22:13,62 23:40,26 25:06,51
 38:08,93 39:37,29 41:05,47 42:34,46 44:02,44
 57:14,97 58:43,49 60:12,32 61:40,26 63:08,65

SV Blau-Gelb Dieburg

8:08,49 9:32,55 **10:55,31** 12:18,53 13:42,09
 26:33,68 27:59,18 29:25,86 30:52,07 32:18,83
 45:31,18 47:00,17 48:27,90 49:56,38 51:23,82
 64:38,36 66:04,78 67:29,82 68:56,69 70:23,04

71:44,73

15:06,57 16:30,93 17:55,84
 33:46,76 35:13,68 36:41,12
 52:51,49 54:18,85 55:46,69

Daichendt, Kim

1995

1:16,35 2:38,68 4:01,78 5:23,57 6:44,03
 19:15,56 **20:40,04** 22:05,93 23:31,68 24:57,37
 37:58,05 39:26,83 40:55,88 42:24,33 43:53,44
 57:11,04 58:41,44 60:10,98 61:40,08 63:09,60

Mainzer Schwimmverein 1901

8:05,90 9:27,69 **10:50,87** 12:14,47 13:37,80
 26:22,38 27:46,55 29:12,93 30:39,38 32:07,58
 45:22,06 46:51,03 48:19,50 49:48,43 51:16,35
 64:38,72 66:05,64 67:33,07 69:00,76 70:28,23

71:53,16

15:02,54 16:26,65 17:50,06
 33:35,13 35:02,33 36:30,57
 52:43,99 54:12,66 55:42,05

Beiser, Kathleen

1995

1:16,37 2:39,00 4:01,80 5:24,53 6:47,38
 19:45,57 **21:12,82** 22:41,92 24:10,68 25:38,53
 38:54,75 40:23,59 41:53,51 43:22,91 44:50,96
 58:25,74 59:59,13 61:01,34 63:10,28 64:46,16

SV Nienhagen

8:10,42 9:36,41 **11:00,54** 12:26,64 13:54,46
 27:07,87 28:36,28 30:04,92 31:32,74 33:01,80
 46:18,92 47:47,42 49:17,53 50:47,45 52:17,26
 66:20,01 67:52,62 69:27,22 70:59,76 72:33,45

73:59,35

15:21,40 16:49,22 18:17,29
 34:31,59 36:00,01 37:28,04
 53:47,42 55:19,13 56:51,98

Strecker, Hanna

1991

1:22,97 2:52,70 4:23,10 5:54,14 7:25,55
 21:14,48 **22:46,58** 24:19,88 25:53,31 27:25,98
 41:35,54 43:10,42 44:46,22 46:21,71 47:57,60
 62:19,70 63:54,22 65:29,37 67:03,84 68:38,29

SG Gundelfingen-Denzlingen

8:57,01 10:28,28 **11:59,88** 13:31,37 15:03,38
 28:59,89 30:33,49 32:09,14 33:43,09 35:16,87
 49:35,00 51:12,08 52:49,07 54:25,53 55:59,85
 70:12,57 71:47,24 73:22,40 74:57,95 76:33,93

78:08,43

16:35,79 18:08,27 19:41,31
 36:50,40 38:25,57 40:00,19
 57:33,89 59:08,36 60:43,27

Wettkampf 2 - 5000 m Freistil - männlich

Kirsten, Vincent

1:01,08 2:06,33 3:11,94
15:15,08 **16:20,66** 17:26,37
29:27,78 30:33,78 31:39,69
43:43,34 44:48,25 45:54,15

1987

4:17,86 5:23,61 6:29,78
18:32,03 19:37,65 20:43,28
32:45,40 33:51,10 34:56,47
46:59,53 48:05,23 49:11,02

SC Empor Rostock 2000 e.V.

7:35,65 **8:41,23** 9:47,02
21:47,76 22:53,80 23:59,38
36:02,31 37:08,22 38:14,21
50:16,89 51:22,81 52:28,60

54:40,52

11:58,39 13:03,76 14:09,46
26:10,29 27:16,19 28:22,19
40:26,09 41:32,05 42:37,88

Schwarz, Manuel

0:58,29 2:00,54 3:02,73
14:44,20 **15:47,57** 16:56,26
29:10,64 30:17,76 31:25,00
43:44,70 44:50,86 45:56,76

1988

4:05,82 5:08,70 6:12,60
18:03,67 19:10,86 20:18,02
32:32,10 33:38,54 34:44,73
47:02,80 48:09,07 49:15,39

SG Frankfurt

7:16,54 **8:20,36** 9:24,00
21:25,32 22:32,02 23:38,73
35:51,00 36:57,86 38:04,39
50:22,39 51:30,29 52:40,13

55:04,23

11:31,70 12:35,60 13:39,70
25:51,29 26:57,80 28:04,13
40:20,10 41:29,04 42:37,92

Kleindl, Joseph

1:04,50 2:10,66 3:17,31
15:27,54 **16:33,60** 17:40,26
29:53,26 30:59,65 32:06,27
44:26,19 45:34,27 46:41,79

1989

4:23,41 5:29,92 6:36,33
18:46,53 19:53,28 20:59,84
33:12,79 34:19,56 35:26,22
47:50,00 48:57,79 49:04,98

SSF Bonn

7:42,60 **8:49,13** 9:55,70
22:06,30 23:12,94 24:19,20
36:33,26 37:40,53 38:47,74
51:13,24 52:21,07 53:29,03

55:42,79

11:02,28 12:08,78 13:15,03
25:26,04 26:33,07 27:39,65
39:55,31 41:02,91 42:10,75
54:36,81

Gebhardt, Felix

1:01,95 2:07,51 3:13,89
15:25,86 **16:33,48** 17:41,00
30:10,95 31:19,92 32:27,80
45:15,04 46:24,92 47:33,92

1993

4:19,76 5:26,26 6:32,95
18:49,20 19:57,13 21:04,51
33:36,45 34:45,73 35:55,48
48:43,64 49:54,02 51:04,13

Erfurter SSC

7:39,64 **8:45,73** 9:52,16
22:12,10 23:20,32 24:28,10
37:05,26 38:14,60 39:24,04
52:13,80 53:24,13 54:33,86

56:50,89

10:58,64 12:04,95 13:11,70
25:36,20 26:44,36 27:52,82
40:34,07 41:44,29 42:54,29
55:42,45

Rijkens, Hendrik

1:03,95 2:13,62 3:22,28
16:03,87 **17:14,07** 18:24,24
31:18,00 32:28,42 33:38,59
46:32,84 47:43,43 48:55,03

1993

4:30,86 5:39,67 6:49,15
19:34,53 20:44,59 21:55,51
34:48,96 36:00,23 37:10,98
50:06,08 51:17,47 52:28,53

Swim-Team Elmshorn

7:57,98 **9:07,61** 10:17,07
23:05,51 24:15,10 25:25,20
38:22,26 39:32,12 40:42,17
53:38,90 54:49,83 56:01,01

58:18,98

11:26,72 12:36,23 13:44,70
26:36,31 27:46,59 28:57,43
41:52,13 43:02,84 44:12,63
57:10,71

Weiß, Daniel

1:03,45 2:12,59 3:22,24
16:14,10 **17:25,89** 18:37,65
31:50,38 33:02,98 34:15,98
47:36,47 48:49,85 50:03,19

1994

4:31,31 5:40,61 6:50,29
19:48,88 21:01,19 22:13,18
35:28,98 36:41,28 37:53,40
51:17,44 52:30,26 53:44,03

SV Automation

8:00,09 **9:10,16** 10:20,34
23:25,44 24:37,53 25:49,51
39:05,68 40:17,53 41:30,03
54:58,63 56:12,48 57:26,68

59:53,87

11:30,89 12:41,28 13:52,18
27:01,15 28:12,78 29:25,18
42:42,84 43:55,50 45:09,36
58:41,09

Nowak, Matthias

1:05,39 2:16,69 3:29,06
16:41,90 **17:54,18** 19:06,44
32:16,15 33:28,59 34:41,51
48:02,09 49:14,84 50:27,06

1992

4:42,15 5:54,26 7:06,06
20:17,26 21:29,91 22:41,84
35:53,90 37:05,90 38:17,53
51:39,76 52:52,59 54:05,94

SG Dortmund

8:18,32 **9:29,81** 10:42,06
23:53,06 25:04,44 26:15,78
40:45,82 41:59,84 43:13,26
55:18,90 56:31,78 57:44,89

60:05,56

11:54,81 13:07,18 14:17,34
27:29,66 28:40,22 29:52,06
43:13,26 44:23,81 45:36,26
58:56,53

Straubinger, Florian

1:04,52 2:12,96 3:21,65
15:59,09 **17:08,49** 18:17,73
31:06,86 32:18,88 33:30,10
47:03,30 48:20,84 49:38,66

1993

4:30,26 5:38,96 6:48,28
19:26,68 20:35,79 21:45,09
34:41,69 35:54,26 37:05,91
50:57,67 52:17,95 53:37,46

SG Stadtwerke München

7:57,28 **9:06,60** 10:15,04
22:54,45 24:04,20 25:13,73
38:16,28 39:28,81 40:42,35
54:57,31 56:16,08 57:35,42

60:14,33

11:23,34 12:32,12 13:40,81
26:23,44 27:33,99 28:44,66
41:56,10 43:11,81 44:29,36
58:55,11

Wettkampf 2 - 5000 m Freistil - männlich

Hartig, Adrian

1:06,27 2:18,08 3:29,24
16:34,14 **17:46,51** 18:58,87
32:12,14 33:25,26 34:39,79
48:11,04 49:24,39 50:38,84

1994

4:40,87 5:51,77 7:02,65
20:11,44 21:23,64 22:36,43
35:53,91 37:06,65 38:20,54
51:52,25 53:06,78 54:21,75

SG Leipzig e.V.

8:13,46 **9:24,57** 10:35,34
23:48,35 24:58,71 26:10,54
39:34,04 40:48,27 42:01,70
55:35,83 56:50,08 58:05,24

60:31,00

11:46,59 12:58,00 14:09,91
27:21,34 28:34,43 29:47,24
43:15,98 44:30,47 45:44,39
59:19,36 60:31,00 61:44,39

Kampik, Christoph

1:06,24 2:14,88 3:24,82
16:49,93 **18:04,96** 19:20,38
33:09,69 34:24,53 35:39,66
49:24,82 50:41,01 51:57,08

1989

4:36,76 5:47,30 7:00,78
20:35,90 21:51,32 23:06,51
36:54,73 38:08,82 39:23,17
53:13,23 54:29,23 55:44,47

SG Worms

8:12,35 **9:25,16** 10:38,75
24:21,62 25:36,65 26:51,47
40:37,30 41:51,90 43:07,07
56:59,74 58:14,41 59:31,38

62:02,57

11:51,93 13:06,06 14:20,46
28:07,16 29:22,75 30:39,66
44:21,79 45:37,53 46:52,80
60:47,41 62:02,57 63:17,84

Dammann, Jannis

1:05,91 2:17,32 3:28,91
17:12,82 **18:31,12** 19:49,35
34:13,12 35:31,88 36:51,16
51:04,47 52:22,97 53:42,79

1993

4:40,60 5:52,32 7:04,97
21:07,44 22:25,97 23:44,79
38:10,12 39:26,53 40:42,63
55:02,44 56:22,79 57:41,12

SC Empor Rostock 2000 e.V.

8:19,16 **9:33,76** 10:49,16
25:03,76 26:23,69 27:43,32
41:58,03 43:15,00 44:33,53
58:58,10 60:16,69 61:34,10

63:57,53

12:04,97 13:21,16 14:38,69
29:03,25 30:22,69 31:36,41
45:51,88 47:10,60 48:26,32
62:52,69 63:57,53 65:13,26

Reetz, Philipp

1:08,53 2:24,93 3:41,06
18:04,82 **19:25,52** 20:45,70
35:35,91 36:57,29 38:17,72
53:26,96 54:50,78 56:12,44

1993

4:59,24 6:14,78 7:32,48
22:08,46 23:30,09 24:50,69
39:39,93 41:01,81 42:24,19
57:35,62 58:57,83 60:18,86

1. SGV Mühlhausen

8:50,61 **10:07,43** 11:25,93
26:15,18 27:36,38 28:55,56
43:46,40 45:10,71 46:32,84
61:36,78 62:57,18 64:18,42

66:47,05

12:46,38 14:04,88 15:24,78
30:14,86 31:35,81 32:54,32
47:55,97 49:19,58 50:42,71
65:38,15 66:47,05 68:05,84

Luhn, Dennis

1:07,48 2:21,75 3:38,88
18:32,60 **19:54,73** 21:15,80
36:24,30 37:47,45 39:10,64
54:19,72 55:41,88 57:04,13

1992

4:57,41 6:17,32 7:37,60
22:37,38 23:58,97 25:20,25
40:33,22 41:54,85 43:18,16
58:26,72 59:49,56 61:11,06

1. SGV Mühlhausen

8:58,06 **10:18,47** 11:40,32
26:42,32 28:04,19 29:26,26
44:42,19 46:05,66 47:29,22
62:32,73 63:56,06 65:18,16

67:58,60

13:02,20 14:24,25 15:46,66
30:49,69 32:12,82 33:36,75
48:53,06 50:15,60 51:37,85
66:40,06 67:58,60 69:17,44

Gailis, Arik

1:14,76 2:35,64 3:58,38
19:11,80 **20:34,47** 21:56,59
37:03,15 38:26,08 39:48,07
54:56,70 56:19,34 57:41,45

1994

5:21,34 6:44,13 8:08,07
23:18,94 24:41,29 26:04,20
41:10,96 42:33,22 43:55,93
59:04,17 60:27,03 61:50,03

Mainzer Schwimmverein 1901

9:31,80 **10:55,41** 12:18,74
27:27,19 28:49,09 30:11,72
45:18,82 46:41,59 48:02,64
63:12,01 64:34,38 65:56,81

68:39,99

13:41,74 15:04,18 16:26,45
31:34,34 32:56,50 34:18,99
49:24,34 50:47,18 52:10,72
67:18,84 68:39,99 69:59,18

Vogel, Niels

1:14,46 2:34,64 3:56,19
19:05,23 **20:28,47** 21:53,25
37:23,49 38:48,32 40:14,55
55:58,25 57:25,27 58:50,53

1996

5:18,18 6:39,59 8:02,23
23:16,80 24:41,58 26:06,57
41:40,77 43:06,86 44:34,66
60:17,07 61:44,03 63:10,83

SG Ruhr

9:24,88 **10:47,49** 12:09,66
27:30,68 28:54,94 30:16,75
46:01,20 47:26,94 48:48,91
64:37,11 66:03,38 67:29,55

70:17,44

13:32,13 14:55,25 16:19,03
31:41,05 33:05,73 34:31,54
50:13,56 51:39,36 53:05,68
68:57,90 70:17,44 71:36,84